

15th May 2021

## Team BITs (aka HD Knights) raises awareness for Huntington's Disease

As a friend, family member and business colleague of Hiren Patel, who's brother Nilesch suffered and died from Huntington's Disease (HD), Ketan Patel and Andrew Alston wanted to support Hiren in raising awareness of HD so a challenge of cycling around ten English castles in the Welsh Marches stopping to present two facts at each visit, one on HD and the other about the castles was formed.

Sirs Andrew Alston, 'Shiner' (Martin Sharpe), Alex Southall and Darren Ellis were joined by fellow Shropshire cyclists for 50 miles on an epic tour of around ten different English castles on the Welsh borders.

Team BITs took over HDSA Los Angeles Instagram account during the tour, be sure to watch the story... <https://lnkd.in/djYqNxN>



### #LetsTalkAboutHD #HDKnights

Huntington's disease is a fatal genetic disorder that causes the progressive breakdown of nerve cells in the brain. It deteriorates a person's physical and mental abilities usually during their prime working years and has no cure.

Every child of a parent with HD has a 50/50 chance of inheriting the faulty gene that causes Huntington's disease. Today, there are approximately 41,000 symptomatic Americans and 200,000 at-risk of inheriting the disease. In less than 10% of cases, juvenile Huntington's disease (JHD) affects children & adolescents. JHD usually has a more rapid progression rate than adult onset HD; the earlier the onset, the faster JHD progresses. HD is described as having ALS, Parkinson's and Alzheimer's diseases – simultaneously. HD is characterised by a triad of symptoms, including progressive motor dysfunction, behavioural disturbance and cognitive decline.

For more information on HD LA visit <http://greaterla.hdsa.org/>

For more information on Hoops for HD visit <http://www.hoopsforhd.com/>

For more information on Huntington's Disease of Society America visit <https://hdsa.org/>

For more information on Huntington's Disease Association visit <https://www.hda.org.uk/>

For more information on BITs visit <https://bits.company/>